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Winnipeg metro



After latest injury, Sid should start thinking retirement: Top doctor
metroSPORTS

Your essential daily news | THURSDAY, MAY 4, 2017

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2016 CANADIAN CENSUS

YOUTHFUL APPEAL

The latest 2016 census data shows Canada's aging population, but the Prairies are bucking the trend as millennials outnumber baby boomers. Here's why young people are choosing to live in Winnipeg **metroNEWS**



“Winnipeg might not be a home where you turn the key and it has the furnishings; it needs some work maybe, but it's moving in the right direction. It has momentum, it feels like it's going somewhere — that's attractive.”
— **Corey King, ZenFri Inc. tech company founder**



“Generally for the most part a lot of us really support each other and want to help out as much as we can. I think young people are realizing putting Winnipeg on a map is something we have to do collectively.” — **Loizza Aquino, Peace of Mind youth group president and CEO**



“It's a city that is really affordable to live. It has a lot of culture, entertainment, art and it's really friendly.”
— **Arturo Orellana, Culture Card app founder**

TEXT: BRAEDEN JONES AND LUCY SCHOLEY/METRO

PRIDE 30for30

Drag performer's life lessons for high schoolers

**metro
NEWS**



Hey Winnipeg - it's time to read your water meter!

From May to August, City of Winnipeg staff will be visiting Winnipeg homes to take a water meter reading. Visits will take place weekdays, between 2:30 and dusk.

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Pride 30FOR30

Drag performer Kerry heads back to high school

LGBTQ

Bertoncello-Dale a guest speaker for gay-straight alliance



Jessica Botelho-Urbanski
Metro | Winnipeg

Around this time last week, Kerry Bertoncello-Dale was preparing for a surreal experience — heading back to high school in drag.

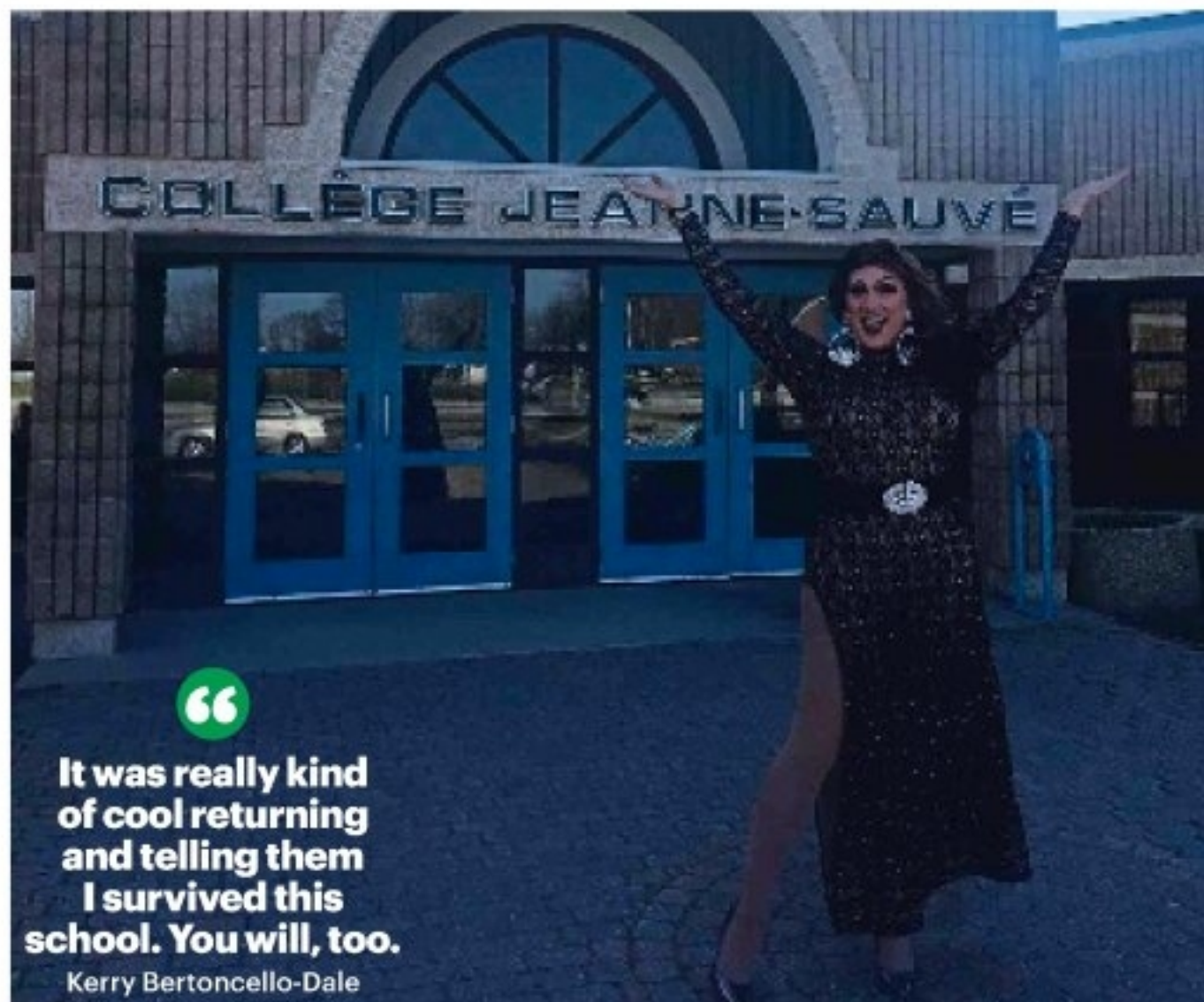
In 2010, a year after Bertoncello-Dale graduated from Collège Jeanne-Sauvé, he came out as gay and started performing as Satina Sonya Loren. Last week, his alma mater's Gay-Straight Alliance invited him back as a guest speaker.

He dressed to the nines and strutted back through the halls, this time with his mom in tow.

"It was really cool to see the looks on (the students') faces. They were literally entranced by me talking, which was kind of nice to see," Bertoncello-Dale said in an interview this week.

"They rarely interrupted. They were very, very interested, I guess, in seeing someone who had just gone to that school and is now where I'm at."

The 26-year-old now works in customer service at Great-West



"It was really kind of cool returning and telling them I survived this school. You will, too."
Kerry Bertoncello-Dale

Kerry Bertoncello-Dale, 26, graduated from Collège Jeanne-Sauvé in 2009. He returned to his alma mater last Friday to talk to LGBTQ students about how he survived high school. SUPPLIED

Life and performs as Satina on weekends. What felt like a lifetime ago, Bertoncello-Dale said he was bullied incessantly from kindergarten through Grade 8 because other students thought

he was gay.

High school wasn't as bad, he said, because snickers and slights happened behind his back, so he could ignore them.

He told the group of about

20 high school students he was happy to have been bullied in hindsight.

"Looking back, it's helped me to be the person I am now. If I didn't get bullied, I wouldn't

+ NOMINATION

Nominate yourself or someone who's making an impact on the Pride community to appear in Metro's anniversary feature leading up to the festival May 26 to June 4.

Email Jessica Botelho-Urbanski with the subject line "Pride 30 for 30" at jurbanski@metronews.ca or tweet at us at @MetroWinnipeg with the hashtag #Pride30.

have such a thick skin."

He also gave the students his contact information and said to get in touch if they ever needed someone to talk to — whether about coming out, performing in drag or visiting their first LGBTQ bars.

"It was cool to see how the school hasn't changed, but the feeling in the school has," Bertoncello-Dale said. "I mean when I was there, there was no GSA. We didn't have anything like that (at) all ... I wouldn't have (come out) in school unless I had something like that, a support system."

"It was really kind of cool returning and ... telling them I survived this school. You will, too," he added.

METRO ASKS:

KERRY BERTONCELLO-DALE

Favourite Pride moment

"My favourite Pride moment was about three years ago at Pride after we drag queens had done our group number and I got to announce that I was running for Empress that year ... The response to the drag act was amazing and then the response to my announcement was really amazing. So I always remember the feeling of being onstage and seeing all those people yelling and screaming. It was fantastic."

Why was Pride important 30 years ago?

"People don't really realize now because they think it's just a big party, but really Pride in itself came out of a protest — that we have the right to live and we have the right to be out. We have the right to be seen and we have the right to be heard."

Why is Pride important now?

"We hear things about people in Russia who are gay being detained in Chechnya, being killed and tortured. We hear about the new resurgence of transgender restroom bills in the United States. LGBTQ people are still being persecuted and so we have a right to not only remember the past and remember what we went through, but realize that we're still going through it."



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City of Winnipeg NOTICE OF PUBLIC HEARINGS

Under the authority of The City of Winnipeg Charter, the Community Committee listed below will conduct PUBLIC HEARINGS for the purpose of allowing interested persons to make submissions, ask questions or register objections in respect of the application(s) listed below. Information or documents concerning the applications and a description of the procedure to be followed at the public hearings are available for inspection at Unit 15 - 30 Fort Street or at the Community Committee offices located in the City Clerk's Department, Council Building, 510 Main Street between 8:30 a.m. and 4:30 p.m., Monday-Friday, excluding holidays; or on-line at <http://www.winnipeg.ca>.

EAST KILDONAN/ TRANSCONA COMMUNITY COMMITTEE PUBLIC HEARING

Date: Thursday, May 25, 2017 **Time:** 6:30 P.M.
Location: Council Building, 510 Main Street



**EAST KILDONAN
TRANSCONA
COMMUNITY**

APPLICANT: WATERSIDE
DEVELOPMENT CORP.

FILE: DASZ 8/17

PROPOSAL: An application for the approval of the plan of subdivision shown outlined above as may be determined by Council and for a proposed zoning change to By-law No. 200/2006 by rezoning the land shown above from an "RR5" RURAL RESIDENTIAL 5 DISTRICT to a "R1-M" RESIDENTIAL SINGLE-FAMILY (MEDIUM) DISTRICT to allow for the creation of residential lots as shown outlined above. **For information, phone Mr. R. Hayer, Planner at 204-986-7168.**

Rising temperatures bad news for belugas

CLIMATE CHANGE

Population threatened by ice-free season, killer whales

A study suggests a warming climate and more killer whales could spell bad news for beluga whales in the southwestern portion of Hudson Bay.

The study included researchers at Oceans North Canada, the federal government and the University of Manitoba.

It looked at an attack by killer whales on belugas near the mouth of the Seal River in northern Manitoba in August 2012.

Research showed that after the attack, the belugas scattered northward along the Hudson Bay coastline, away from a traditional calving area near the Seal River.

The study suggests such scattering could impact the survival rate of young belugas.

It also notes that as the climate warms and the water in western Hudson Bay sees longer ice-free periods, the presence of killer whales may grow.

"Here, short-term changes in distribution were recorded in relation to a predation event," reads the study published in the Canadian Field-Naturalist.

"This change, if occurring multiple times during the longer ice-free season, could have significant biological consequences related to energy ex-



A female resident orca whale breaches near Bainbridge Island off Washington state's coastline in January 2014. Canadian researchers worry that higher temperatures combined with the presence of orcas will have a 'significant biological consequence' on beluga calf rearing. THE ASSOCIATED PRESS

“We really didn't understand until now how much of the coastline they were using.” Kristin Westdal

penditure and success in calf-rearing.”

Kristin Westdal, one of the study's authors, said such attacks don't have much of an impact yet on the estimated 60,000 beluga population in western Hudson Bay.

But that could change if the ice-free season continues to expand and the killer-whale population grows, she said.

"Any predation on those animals wouldn't be significant at this point, but going forward in the future ... it could be a fairly significant event," said Westdal,

a marine biologist for The Pew Charitable Trusts' Oceans North Canada project.

The study's findings point to the need for environmental protection in more areas of western Hudson Bay, both in the water and on land, Westdal added.

"We really didn't understand (until now) how much of the coastline they were using."

Last year, the former NDP government in Manitoba called on the federal government to extend a ban on industrial waste discharges from ships, which currently covers the Arc-

tic, further south into the sub-Arctic portion of Hudson Bay.

It also announced plans to protect beluga whales in the area by reducing noise and other impacts from shipping traffic out of the Port of Churchill.

Kalen Qually, a government spokesperson, said that plan is being reviewed and the Progressive Conservative government hasn't decided whether to follow through on it.

"While waters off of Manitoba's maritime coast, where Beluga and orca whales are found, fall under federal jurisdiction, the province supports the protection of Beluga habitat," he wrote in an emailed statement. THE CANADIAN PRESS



RETAIL THOUSANDS LINE UP FOR OPENING OF OUTLET MALL Thousands of Winnipeggers lined up for the opening of the city's new \$200-million, 400,000 square foot outlet centre on Wednesday. Outlet Collection Winnipeg — which boasts more than 100 stores, including Saks Off 5th, Calvin Klein Outlet and Designer Shoe Warehouse — sits across from Ikea on Sterling Lyon Parkway. CONTRIBUTED

SOCIAL MEDIA

Facebook to hire reviewers for crime, suicide videos

Facebook says it will hire another 3,000 people to review videos of crime and suicides following murders shown live. That's on top of the 4,500 reviewers Facebook already has. The announcement comes from CEO Mark Zuckerberg in a blog post Wednesday. Last month, a video believed to be linked to the brutal attack of a 19-year-old teen on a Manitoba reserve also made the rounds on Facebook. RCMP said they were still investigating whether the victim was Serena McKay, of the Sagkeeng First Nation. McKay's body was found April 23. Two teen girls face second-degree murder charges. THE ASSOCIATED PRESS

Manitoba bucks national age trend

CANADA'S 2016 CENSUS

DEMOGRAPHICS

Winnipeg is the youthful province's millennial hub



Braeden Jones
Metro | Winnipeg

In the age-old battle of the ages, seniors are making a strong push across Canada, but youth is winning out around these parts.

On Wednesday, Statistics Canada released a number of age demographic findings from the 2016 census, concluding most notably that, from coast-to-coast, seniors outnumber children for the first time in history.

However, StatsCan also found the Prairies to be an exception to the national trend.

In Manitoba, children outnumber seniors, and millennials aged between 15 and 34

outnumber baby boomers between the ages of 51 to 71.

With an average age of 39.9, Winnipeg is 'younger' than Toronto, Montreal, Calgary, Ottawa, Vancouver, and other major cities — which StatsCan also said attract almost 30 per cent of Canada's millennial contingent.

And while Winnipeg may not have a reputation for being a millennial hot spot, young movers and shakers say it's well suited to folks their age.

"I know for me, from an entrepreneurial standpoint, this is one of the best cities to get a start in," said Corey King,

who founded the creative tech company ZenFri Inc. in the city.

"Cost of living here is cheap, there's lots of institutions to help people get funding, and it's a community that really cares about getting you started," he said.

Looking around Winnipeg, he notes an "increased optimism" stemming from renewal projects and new developments he said "bodes well for millennials sticking around here too."

There are a few items on his wishlist to make Winnipeg the best possible, notably improved transportation as he said his generation "cares less

about cars and commuting." But he said he gets the sense it's moving that way.

"Winnipeg might not be a home where you turn the key and it has the furnishings, it needs some work maybe, but it's moving in the right direction," he said.

Jordan Meagher, who was a finalist in the 2016 Future Leaders of Manitoba awards, said she returned to the province after eight years in Toronto because there are "tons of opportunities" for young people to live and thrive.

"Personally I loved Toronto, but when I moved back to

Winnipeg I found it has all the same opportunities," Meagher said. "The downtown especially

“From an entrepreneurial standpoint, this is one of the best cities to get a start in.”

Corey King

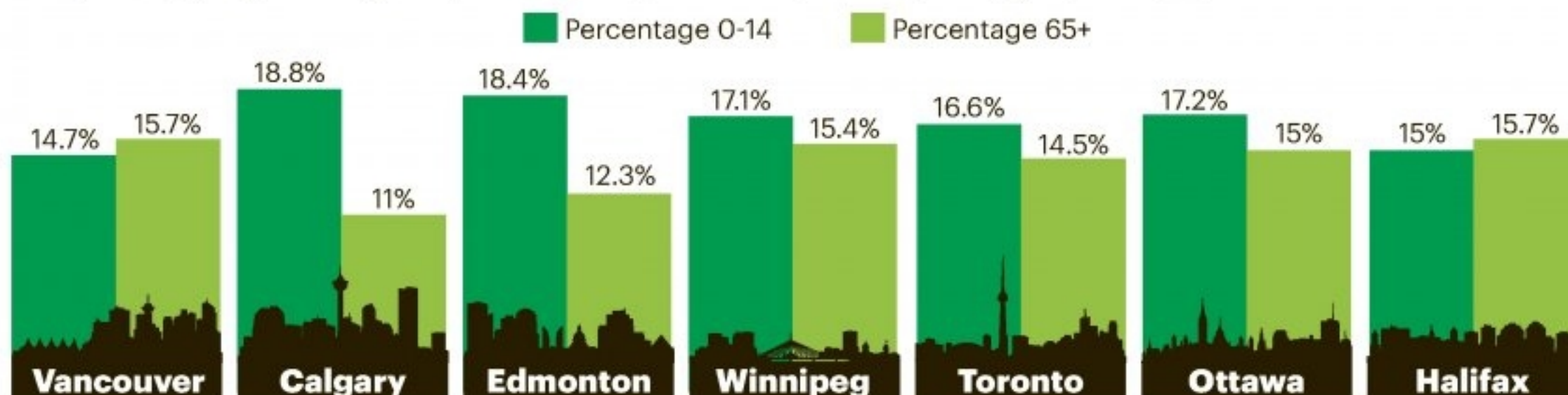
is just starting to boom."

Meagher works with a team that has been transforming a key part of that core, The

Forks, through renovations and developments that have brought new life to the area.

Stacked next to other major cities, she thinks, "Winnipeg isn't lacking anything."

"I guess it depends on the individual, but I would say for savvy, young under-34-year-olds, there's so much (in Winnipeg), so many ways to get involved," she said. "We have some of the best restaurants in Canada, as well as a great nightlife if you know where to go... and we're on the verge of so many cool and up-and-coming events, especially this summer."



UNIVERSITY ATHLETICS

Funding squeeze spells game over for some U of W teams



Jessica Botelho-Urbanski
Metro | Winnipeg

At least 80 athletes' sports dreams were dashed at the University of Winnipeg this week due to budget cuts.

On Tuesday, the U of W announced it was cutting three sports teams permanently, among other cost saving measures, as its provincial funding stagnates.

Men's baseball, as well as men's and women's wrestling teams were chopped.

The school also paused men's soccer for the 2017-18 season as the team was without a coach and couldn't afford a replacement.

In an email Wednesday, U of W communications specialist Diane Poulin confirmed the school also cut ties with the Manitoba Colleges Athletic Conference (MCAC), the province's governing body for intercollegiate athletics, in which the university had four member teams.

Those teams boasted 50 athletes in men's and women's basketball and volleyball, plus volunteer coaches.

"This alleviates stress on

our athletic department resources," Poulin said of the MCAC cuts.

Adrian Bruce, the former men's and women's wrestling head coach of seven years, is out of a job.

He said he found out about the cuts along with everyone else Tuesday, but has "no ill will" toward the university.

"I think if I put myself in their shoes I don't know if I would have made a different decision ... The reality is there's not an infinite pool of money there," he said. "The university's priority is academic. Athletics has been and always will be second to that."

“The people that I was surrounded by... caused me to grow”
Finn Higgins

Bruce said the U of W's wrestling program won major accolades and consistently produced national champions over the years, like Finn Higgins, 22, originally from Oklahoma City.

A three-time national uni-

versity champ, Higgins chose to study film at the U of W because it also had Olympic-style wrestling available.

"I had an amazing experience while I was part of the program," he said. "The people that I was surrounded by in the past few years caused me to grow so much, not only as an athlete, but as a person."

Losing the wrestling squad comes not only as a blow to the school, but also the wider community, Bruce and Higgins said.

Special Olympics Manitoba, Manitoba Amateur Wrestling Association, and Manitoba Aboriginal Sports and Recreation Council previously partnered with the program.

"The local wrestling community will definitely be affected by the program's absence," Higgins said.

"Although the university team may be gone ... hopefully that doesn't mean everyone who was part of it has to be gone, too. The program's athletes and coaches are amazing, talented individuals."

"It is sad that the program is no longer around, but I will always be so grateful that it was here when I needed it most," he added.

A solemn day in Fort Mac



Residents leave messages of thanks during the anniversary of the wildfires in Fort McMurray, Alta. THE CANADIAN PRESS

WILDFIRE

Residents mark first anniversary of a tragedy

Residents of Fort McMurray marked the first anniversary of the wildfire that destroyed 10 per cent of the city with early-morning yoga classes, picnics by the river, visits with friends or — in some cases — nothing at all.

The fire in northern Alberta ignited deep in the bush on May 1, 2016, and exploded into a ferocious blaze that forced the evacuation of the entire city two days later.

More than 80,000 people fled as towering flames licked at their homes and crackled along the only highway out of the city.

"Everyone needs to do their

own thing to mark this day," said Melissa Blake, mayor of the Wood Buffalo regional municipality that includes Fort McMurray.

Blake said more and more rebuilt homes are springing up with the warm weather, but she cautioned that full recovery will take years.

"If you drive through the neighbourhoods that were most impacted, you'll find a buzz of activity," Blake said Wednesday.

"However, these are still the early days of our recovery. We know that it's going to be a much longer process than any of us would ever want."

The majority of Fort McMurray was spared, but flames consumed nearly 2,600 dwelling units, which were mostly residential.

Alberta Premier Rachel Notley said it was a day to mourn two young people who died in a high-way crash as they fled — Emily Ryan, 15, and Aaron Hodgson, 19.

"We also mourn all that the fire took from people: their homes, their baby photos and all the belongings that helped to anchor so many cherished memories," she said.

Fire Chief Jody Butz said he was spending a lot of the day supporting members of the department and reflecting on the outpouring of support they received.

"Me and my family, we're going to stay low key," he said. "It's important that we recognize and remember what was a year ago."

"We didn't want to celebrate the day. That was the wrong term," said Leesa McLeod, who manages community wellness for the municipality's recovery task force. "It's important to mark the day because tomorrow it starts fresh. It's almost as though it was New Year's Eve and tomorrow is a fresh day for us."

THE CANADIAN PRESS

HAMILTON, ONT.

Member of mobster family shot to death

Mobster Angelo Musitano claimed to have found God and inner peace shortly before he was shot dead in broad daylight in the driveway of his suburban home Tuesday afternoon, sources said.

Musitano, 39, was shot dead at close range around in his truck in the driveway of his comfortable family home in Waterdown.

"It was a very specific, calculated, close-up shooting where the male (shooter) has been observed exiting a vehicle, walking up or running up to the side of the truck and firing at close range at Mr. Musitano," said Det. Sgt. Peter Thom.

Musitano's wife and three other family members were inside the home on a quiet, upscale residential street when the heavyset gunman approached and pumped several bullets into him, Thom said.

A retired officer said he suspects the killer took Musitano's life at his home to make the attack particularly personal.

"It's all symbolic, isn't it?" he said. "We just have to figure it out." TORSTAR NEWS SERVICE



Angelo Musitano in 1998. TORSTAR NEWS SERVICE

GLOBAL DIGEST

ITALY Vaccine debate heats up

The vaccine debate is heating up as Italy deals with a measles outbreak, an anti-vaccine campaign and a scandal involving a nurse who claimed for years to have inoculated children but didn't.

Authorities are recalling up to 7,000 children in northern Italy to be revaccinated after determining some didn't

receive the necessary doses. AP

BRITAIN May accuses EU of trying to influence elections

British Prime Minister Theresa May on Wednesday accused European Union officials of trying to influence the June 8 U.K. elections. Her comments follow leaked comments suggesting the EU thinks Britain is not facing reality about the conditions of Brexit. May vowed to be a "bloody difficult woman" in Brexit talks. AP

FRANCE

Le Pen, Macron pull no punches in debate

Looking to land a knockout blow, French presidential candidates Emmanuel Macron and Marine Le Pen faced off Wednesday night in a high-stakes debate on live primetime TV.

Le Pen painted the former banker and economy minister as a servant of big business and finance, and declared herself "the candidate of the people, of the France that we love." He painted the far-right nationalist as an empty shell, shaky on details. AP

WASHINGTON, D.C.

FBI director defensive

Under fire from Democrats and repeated questions from the Senate Judiciary Committee Wednesday, FBI Director James Comey insisted he was consistent in disclosing information about an investigation into Hillary Clinton's emails before Election Day while keeping quiet about a probe into possible contacts between Russia and the Donald Trump's campaign. AP

NEW YORK STATE

Lake Ontario residents

seethe over floods

Four months after an international body approved a new plan to regulate Lake Ontario's water level, property owners who had claimed the rules favoured muskrat lodges over lakeside homes are piling sandbags against just the kind of floodwaters they had feared.

But a joint U.S.-Canadian commission says its new rules aren't to blame. It contends the lake is at its highest level in 24 years because of near-record spring rains. AP

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DAILY TREAT



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CHANTAL HÉBERT ON THE END OF SUNNY WAYS IN OTTAWA



As Justin Trudeau reaches the midpoint in his term, the shine — and the gloves — have come off on Parliament Hill.

So much for sunny ways! As Justin Trudeau's government nears the halfway mark of its first mandate, finding some willingness to engage in adult conversation on either side of the House of Commons is almost as hard as it was on the worst days of the previous Conservative government.

Since the new year, the tone has steadily deteriorated, and if this week is anything to go by the climate is bound to become more toxic until Parliament finally breaks for the summer.

In question period, debate has essentially defaulted to a dialogue of the deaf that allows for little or no reasoned arguments. The opposition squawks loudly at a flock of government parrots.

This week the government rescheduled a Conservative opposition day from Thursday to next Monday. The official Opposition wants to use the time to turn up the heat on Defence Minister Harjit Sajjan for having aggrandized his role in the planning of a major military offensive in Afghanistan. Conservatives and New Democrats have spent the week calling for his resignation. The Liberals hope that by next week the story will have run out of steam.

All this is unfolding against the backdrop of a procedural war over a clumsy Liberal attempt to tweak some of the rules of the House to the government's advantage. Such is the bad blood between the opposition and the Liberals that when the latter waved a white

flag and abandoned their most contentious proposals, none of the other parties would pause long enough to claim victory.

While the parties wrangle, the government struggles to advance its legislative agenda. Not that it is particularly impressive. The spring sitting will mostly be remembered for broken or missing-in-action

Butts — flew to Washington in a hurry to take stock and, if possible, mitigate a Trump-induced NAFTA storm.

But while Trudeau's brain trust is watching the White House, it can't always have its eye on the many other balls that a cabinet dominated by political rookies is liable to drop.

Canada's supply management approach to dairy and poultry, or the government's cannabis legislation.

Over on the NDP side Thomas Mulcair's prolonged last hurrah as party leader is turning into an outlet for a lot of pent-up anger. Much of it is directed at Trudeau, a counterpart that Mulcair saw as a pol-



DIM THE LIGHTS Since the new year, the tone among parliamentarians has steadily deteriorated, writes Chantal Hébert. THE CANADIAN PRESS

Liberal promises.

Take Trudeau's commitment to give the Parliamentary Budget Officer more independence. The legislation brought forward by the government would instead further clip the already short wings of the PBO.

The malaise that has overtaken Parliament Hill has root causes on both sides of the House.

For all the talk about running a more collegial operation, Trudeau's government is as centralized as its predecessors. Nothing much happens without a green light from the PMO.

Since Donald Trump's election, Trudeau's inner circle has had its hands full trying to keep up with the changing moods of the American president. Just last week the prime minister's top aides — Katie Telford and Gerald

Liberal strategists believe the price to pay for having dumped the commitment to change the voting system will not be high in the next election. Perhaps, but they may have underestimated the parliamentary cost of squandering a serious amount of opposition goodwill and trust in the process.

Trudeau's reversal accounts for part of the cement that binds the New Democrats to the Conservatives in the opposition battle against the Liberal rule changes.

With the election of Stephen Harper's successor less than a month away, the Conservatives are not looking to tie the hands of their next leader. While they pile on an embattled minister or engage in procedural warfare, they are spared having to come up with a caucus consensus on divisive issues like the future of

itical weakling when they sat side by side in opposition and, by all indications, still sees him that way now that he is prime minister. The animosity between the two is not just for show.

With every passing week Mulcair's tone seems to become more strident — to the point that it sometimes overtakes the substance of his arguments. On Tuesday, the NDP leader had to apologize for calling Liberal House leader Bardish Chagger a buffoon. As counterintuitive as it may seem, it may take the arrival of two permanent opposition leaders to bring a small measure of sunnier ways back to Parliament Hill.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

Watching out for Facebook's 3,000 new watchers



Vicky Mochama
Metro

In response to a spate of murders, sexual assaults and suicides streamed on Facebook Live, Mark Zuckerberg announced that the company will hire 3,000 more people to monitor content on the site.

It's a necessary step that should be applauded.

But who will watch out for the watchers?

There is plenty that is troubling in the world, from gender-based violence to mental health issues, and these existing societal problems are finding an audience on Facebook.

It comes down to a couple thousand people at the companies we all use — Facebook, Twitter, Instagram — to see the worst so the rest of us don't have to.

Facebook already has 4,500 staff to moderate the site. That's nearly a quarter of its workforce dedicated to reviewing the posts, photos, comments and live videos of over 1.23 billion daily users.

The deluge isn't just the celebratory parts of people's daily lives — brunches, birthdays and bar mitzvahs — but also their traumas and terrors.

In Thailand, a man murdered his baby daughter before killing himself, all streamed live. A sexual assault in Chicago and a murder in Cleveland were both posted live to Facebook. A Nunavut man streamed his desire to die by police; he died hours later. And in Manitoba, a community is reeling after a teen girl was killed, and video appearing to show young people

attacking the victim was shared repeatedly on the social network.

The volume of content is overwhelming. And increasingly, the people who delete objectionable content are overseas in places like the Philippines.

Facebook isn't the only company struggling to cope, and theirs won't be the only employees burdened by the work of keeping the Internet relatively clean.

While there is technology that identifies child pornography, its results still have to be verified by human beings.

In a case filed last December, two men are suing Microsoft for the PTSD and related mental health issues they are experiencing after moderating content for the company. Their work in keeping violent images, especially child abuse, off the Internet has, they allege, made them unable to work and be fully functioning members of their families.

Their complaint alleges that the company's mental health supports weren't sufficient.

There isn't yet technology to remove the kind of violent and damaging live-streaming video that has been making headlines. Companies like Facebook have to rely completely on human staff.

Whatever it does about Facebook Live, it shouldn't do so at the expense of the mental health of its employees.

Facebook does have a process to support content reviewers. But as it hires more people — and potentially, more overseas support in countries with less robust health services — it must ensure that the issues it's fighting online don't end up doing more harm in real life.

The malaise that has overtaken Parliament Hill has root causes on both sides of the House.

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A new feminist creed for 2017



Chimamanda Ngozi Adichie has been a rising feminist star in popular culture since her 2013 TEDx Talk, *We Should All Be Feminists*. Her new book, *Dear Ijeawele, or A Feminist Manifesto in Fifteen Suggestions*, started as advice to a friend with an infant daughter. CONTRIBUTED

BOOKS

Chimamanda Adichie's new manifesto: 'Be a full person'

Sue Carter
For Metro Canada



Two weeks ago, at a panel at the Tribeca Film Festival, the cast of the new TV series *The Handmaid's Tale* was asked a question that set social media on fire: Did they think the show was feminist?

Answers ranged from dodging to denial, but ultimately it seemed no one on stage wanted their show — about a dystopian society where women have been stripped of their rights and are treated like breeding chattel — associated with the "F-word."

Chimamanda Ngozi Adichie has not yet watched *The Handmaid's Tale*. But as one of the world's most high-profile feminists, she is not surprised by the actors' reactions or distancing from the word, especially following the Trump election in the U.S.

As the Nigerian-American author of the critically acclaimed *Half of a Yellow Sun* and *Americanah*, Adichie's name has become synonymous with

that divisive F-word. Publicly, it started with her 2013 viral TEDx talk, *We Should All Be Feminists*. Two years later, a bestselling book form was published. Later, a sample from her talk made its way into Beyoncé's song *Flawless*. And that is how a feminist star is born.

Adichie's latest book, *Dear Ijeawele, or A Feminist Manifesto in Fifteen Suggestions*, started as a personal project for a friend seeking advice on how to raise her infant daughter. The slim book reads more like an intimate letter than a rigid manifesto, but Adichie had another purpose in mind while writing: "to reclaim the word feminism" from those who try to use it as a weapon, and for those who believe they don't fit into a prescribed version of what a feminist looks or acts like.

As the mother of an 18-month-old girl, Adichie believes the most difficult and important suggestion is the book's first, addressed to Ijeawele: "Be a full person."

Adichie considers herself a lifelong feminist, which she traces back in part to the influence of a strong grandmother and auntie in Nigeria. But she didn't learn the meaning of the word until she was a teenager and a boy dis-

“

I've experienced my share of hostility.

Chimamanda Ngozi Adichie

missively called her one. Since she was a young child, she did know she wanted to be a storyteller, always seeking out quiet places to write. For her many fans, Adichie represents a new generation of activists, one that loves fashion and can become the face of a cosmetic line. One that fights against the exclusiveness of traditionally white Western feminism that dismisses anyone who hasn't read the right academic texts, says Adichie.

Declaring yourself a feminist can take its toll, as Adichie learned. She purposely limits her exposure to social media and clickbait. And there are the physical demands: "I get invited to every bloody feminist conference," she jokes. She doesn't resent her new role, but rather that it's necessary, and that it takes time away from her daughter and her much-needed writing time. "I'm still a storyteller primarily," Adichie says. "I know it sounds naïve, but I want to change the world. I want to make the word 'feminism' redundant, and the movement no longer needed."

Sue Carter is the editor at Quill & Quire magazine.



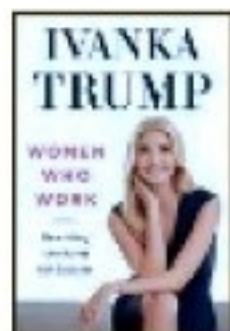
Ivanka Trump's advice book for career women

Ivanka Trump's first foray into self-help writing came in 2009 with *The Trump Card*, a breezy compilation of advice, stories about her dad and a hefty dose of namedropping.

But in her second book, released Tuesday, Trump has gone from sassy to serious.

Women Who Work: Rewriting the Rules for Success offers earnest advice on work-life balance.

A look at her advice from both books:



WORKPLACE TIPS

Then: Trump offers advice on technology — "check your BlackBerry or iPhone only on the quarter hour" — and warns against "loose-lipped, ill-considered emails."

Now: Trump also discusses how to juggle career and family. She encourages readers to think about how they personally define success. She writes: "Long term, we aren't remembered for how late we stayed at the office, how many

buildings we developed or deals we closed."

TIME MANAGEMENT

Then: Trump said she worked Sundays: "You'd be surprised at how quickly your employees will fall in line behind you when you set this kind of example."

Now: In a chapter called "Work Smarter, Not Harder," she says when she became a mom she realized that she needed "to set healthier boundaries."

GETTING PERSONAL

Then: She dishes about growing

up as Donald Trump's daughter. Michael Jackson — at the time a Trump Tower resident — apparently attended a performance of the *Nutcracker* in which she danced as a child.

Now: Trump does share a few family moments, such as practicing her speech for the Republican National Convention with her three children on the couch. Trump, who converted to Judaism when she married, discusses observing the Jewish Sabbath, saying it's "important to unplug and devote that time to each other."

GUEST STARS

Then: Focusing on business success, Trump includes short essays from a variety of executives, featuring record producer Russell Simmons and Arianna Huffington, founder of *The Huffington Post*.

Now: Trump looks more to academics and experts on women in the workforce, in addition to celebrities and politicians. She quotes Sheryl Sandberg, who wrote the book *Lean In*, urging women to take charge of their careers.

THE ASSOCIATED PRESS

ETHICS QUESTION

Citing federal ethics rules, Ivanka Trump has said she will not do a publicity tour, saying she wanted to "avoid the appearance of using my official role to promote the book."

Still, she tweeted on Monday and Tuesday from her personal account about the book. And she appeared on CBS and was interviewed for a *New York Times* article published Tuesday. She did not mention the book in either case, but critics noted the timing. THE ASSOCIATED PRESS

TOP 150 FOR 150

CELEBRATING CANADA'S GIFTS TO THE WORLD

Canucks talk in slang, eh?

SEAN PLUMMER

Your knowledge of Canadian slang may start and stop with Bob and Doug McKenzie, but our language is littered with Canadianisms that our neighbours to the south would be hard-pressed to understand.

Here are some examples of Canadian English that might reveal you're more of a keener than you realized.

GIVE'R: To do something as awesomely as possible, popularized by the 2002 mockumentary FUBAR.

KERFUFFLE: A fuss or commotion; likely of British ori-

gin, which accounts for its use on *Downton Abbey*.

TAKE OFF: To leave ("Okay, I'm gonna take off"); or, Bob & Doug style, a replacement for the f-bomb ("Why don't you take off, eh?").

DOUBLE DOUBLE: A Tim Hortons coffee order (two creams, two sugars). In fact, Timmies has trademarked the phrase "Home of the Double Double."

BOOZE CAN: An after-hours club that sells alcohol illegally.

CHESTERFIELD: A sofa or couch that seats at least three.



Great White North is an introduction to the Canadianisms that make up our speech. TORSTAR NEWS SERVICE

Play it back

Sportscasters have been throwing to tape for more than 50 years. But the practice of instant replay got its far-from-instant start in Canada.

It was during *Hockey Night in Canada*'s 1955-1956 season that CBC producer George Retzlaff introduced a "wet-



film" technique to record and play back a goal, albeit several minutes after it happened.

American network CBS introduced true instant replay in 1963 during an Army-Navy football game.

But we got there first — check the tape! **SEAN PLUMMER**



It was during *Hockey Night in Canada* that instant replay was first used. TORSTAR NEWS SERVICE

Hail Caesar!

Created in 1969 by Calgary bartender Max Chell, the Caesar essentially spiked the Bloody Mary with clam-infused tomato juice (hence Mott's Clamato) and other spices. A Clamato-commissioned poll in 2009 (the bevvie's 40th anniversary) concluded that the Caesar was Canada's most popular cocktail.

SEAN PLUMMER



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Our company was passed from one family to another and our timeless products are lovingly passed from our family to yours. Winnipeg Old Country Sausage products continue to be the preferred choice of food carts and hundreds of shop owners across Manitoba. We know that their success relies on our high quality and consistently delicious flavour.

If you're new to the province, you'll love us.

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SINCE 1912



Innovation in flooring is underfoot



Wood vinyl makes maintenance a breeze in kitchens and gives great sightlines in open homes. Centre: What looks like custom wood inlay is achieved with tiles made of porcelain and marble from Walker Zanger's Savile Row collection. Top right: Engineered wood performs well in high-traffic areas. Bottom right: Ink-jet glazing technology gives porcelain tiles from Walker Zanger the distinctive veining of natural Sequoia stone. CONTRIBUTED: KARNDEN DESIGN FLOORING; WALKER ZANGER; METROPOLITAN HARDWOOD FLOOR; WALKER ZANGER

INTERIORS

Practical materials get a makeover with new finishes

An explosion of flooring options — vinyl, laminates, engineered woods and tiles in both natural and man-made stone — has meant many old rules for choosing what to put on “the fifth wall” have gone out the window. Among those rules is that quality can always be measured by price and natural materials are always better than man-made, says designer Linda Mazur.

“You can get a hardwood for \$4 a square foot and be looking at \$6 or \$7 for engineered wood or vinyl,” she explains. “People have preconceived notions that they should not cost more than real wood. That’s because they don’t understand what it offers.”

Homeowners are no longer bound by material limits. Now it’s possible to find everything from realistic concrete finishes in vinyl tiles to life-like wood grains on porcelain planks.

That makes it easier to get the right product for the environment it’s being installed in; an important consideration, says Mazur. “What’s the humidity like, how will the room be used, do you want to do in-floor

heating? That’s why it’s good to work with a really knowledgeable retailer or a designer.”

Condo dwellers, she adds, should always check building regulations before purchasing.

In terms of esthetics, there’s no doubt hardwood is “classic, beautiful and has longevity,” says Mazur, who’s loving the warm brown and ashy grey tones she’s seeing in natural woods now.

But engineered wood (manufactured by binding wood strands, particles or fibres to form a composite) has many advantages. For planks wider than six inches, for example, “you want the structure and durability of engineered wood. It avoids the arcing you can get

in natural wood,” says Mazur.

Engineered woods are now almost impossible to distinguish from solid hardwood. Many are available in popular distressed styles, such as Metropolitan Hardwood Floor’s Kentwood collection, which includes textured, saw-marked and raw finishes in soft grey and brown woods.

Mazur also sings the praises of the new generation of vinyl flooring.

“It’s very easy, very versatile, very forgiving and very comfy.” The patterns, she says, are both wide ranging and realistic. “You can get it in anything from barn board to poured concrete looks.”

Karndean Design Flooring, which sells vinyl flooring in

tiles and planks, achieves realistic designs by doing things like scorching, liming and scraping century-old planks, which are then photographed and turned into film.

Unlike laminates, many vinyl tiles can be installed in patterns, such as herringbone, increasing the design possibilities.

While tile is playing a lesser role in kitchens — partly because it’s hard to stand on for long periods — it’s still a favourite for smaller spaces, such as bath and laundry rooms. The prevailing look is bold art deco or Byzantine-inspired graphics.

Mazur loves the look for a small space. “Really strong graphic or mosaics are great in

tiny spaces,” she says, dismissing the notion that pattern will visually shrink the area. “We’re not going to fool anyone into thinking it’s bigger, so let’s just have fun and go for impact.”

Many higher-end tile is still made using age-old processes, but that doesn’t mean it looks dated. The Stardust collection from Walker Zanger, for example, pays homage to ’70s themes, including the style of singer-songwriter David Bowie, early New Wave and space exploration. Made from glazed basalt, or lava stone, it uses a core element of the earth to create contemporary patterns with cool shapes, colours and metallic glazes. TORSTAR NEWS SERVICE

THE ICON AT 1133 PORTAGE



Construction started! This affordable development consists of 52 units plus 8 accessible designed suites all featuring clean and modern finishes, 9’ ceilings, balconies, energy efficient building systems, and indoor and surface parking. Located at the corner of Portage and Minto with easy access by foot, bike, bus, or car to downtown, Polo Park, Wolseley, and West Broadway. Possession slated for fall 2017.

THEICONONPORTAGE.COM



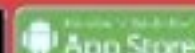
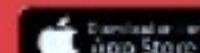
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Plants can add drama or warmth to a room or help solve design challenges. Below: Designer Kristina Crestin creates a "triangle of green" to balance a room. JARED KUZIA PHOTOGRAPHY VIA AP

Indoor plant trends that are taking root

DECOR

Designers advise on what to buy and where to put it

From kitchen herb gardens to miniature indoor trees, interior designers are increasingly bringing plants into their home design projects.

Plants are "the one little piece that people always forget will finish a room," says Massachusetts-based designer Kristina Crestin. They make a space feel complete but not over-accessorized, she says, and can solve a range of design challenges.

New York designer Young Huh agrees: A miniature tree can be the perfect addition where you need something tall, she says and a flowering plant can bring a burst of colour. Plants also help clean the air, boost oxygen levels and bring a welcome sense of natural unpredictability into otherwise meticulous, modern spaces.

Which plants are popular right now and what are the best ways to decorate with them? Three designers — Crestin, Huh and New York-based Lindsey Coral Harper — offer their thoughts:

From delicate to bold

For several years, the it plant among designers has been the fiddlefig tree (also called fiddlefig fern). Their trunks are tall and graceful, with large glossy leaves creating a burst of green.

Fiddlefigs are beautiful and relatively easy to care for, Crestin says, so their trendiness shouldn't be a thing to avoid.

For something more sophisticated, Harper recommends "any type of boxwood or topiary," she says. "They also make wonderful hostess gifts."

Another current favourite: the staghorn fern, which has strong, sculptural leaves.

"Staghorn ferns are really interesting and very masculine to me," Harper says, and they look great "in a more rustic setting."

If you're seeking something delicate, Huh recommends a maidenhair fern. Upkeep is minimal, she says (just "keep them misted and moist"), and the intricate leaves are as pretty as a flowering plant.



Another popular choice: miniature olive trees. "They're a sign of peace and fruitfulness," Huh says, and look gorgeous in a ceramic pot on a table.

Hanging out

It's popular to hang planters on walls, or put up hanging terrariums with succulents or "air plants" inside, says Huh.

These low maintenance plants only need to be misted, rather than watered, and "they stay alive forever," she says.

The challenge with wall-hung plants is that repeated misting may damage your walls, Crestin points out. So you may prefer to put those same kinds of plants in low-slung pots on a coffee table or other surface.

One plant all by itself can look a bit sad and lonely, so add several plants or place a single large one near a piece of furniture.

"I believe in repetition," says Crestin. For a recent design project, she added three items to one room — a fern in a low-slung bowl on a coffee table, a beautiful ceramic cup holding a delicate, mossy plant, and then a larger fern in another bowl.

Try to create a "triangle of green," she says, balancing one plant with another.

Kitchens and baths

Huh says many homeowners are buying wall-mounted growing systems or adding kitchen shelves specifically for potted herbs, berries and other plants grown for consumption. She's also pleased to see plants being used in bathroom decorating: "My father used to grow orchids in the bathroom because they got moisture every day," Huh says. "It's a great place for ferns."

Know your space and habits

Even if you love something in a magazine or while shopping at a nursery, consider your particular space and habits.

"Think about how much sunlight, love and attention your plants might need," Harper says. "Make sure you have plants in the appropriate spot in your home so they can grow and prosper."

Personally, she says, "I prefer something with a little less mess and upkeep." THE ASSOCIATED PRESS



New home, same community

As Charleswood's newest community, **RidgeWood West** is providing a variety of new housing options to the treasured neighbourhood.

Choose from home sites that include iconic features like walkouts that overlook wetland vistas, lush forest steps away from your back door and direct, easy access to the renowned Harte Trail. The modern and spacious floorplans include

all of the latest design features and finishes, energy efficient upgrades. Best of all, your investment will be protected by a new-home warranty.

Talk to one of our participating builders today!



For Show Home hours and information, please visit our website.

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ridgewoodwest.com

HOME IMPROVEMENT

Avoid construction blues by obtaining a permit now

If you're thinking about renovating your home, making sure a permit from the City of Winnipeg is part of those plans ensures the work is done right.

Whether you plan on doing the renovations yourself, or have hired a contractor or builder to do the work, it's essential to remember that the homeowner is legally responsible for obtaining construction related permits for all relevant projects, says Stan Dueck, manager of development and inspections at the City of Winnipeg.

"It's important that homeowners know about their responsibility so they can plan accordingly," says Dueck. "Homeowners can call 204-986-8113 to make an appointment with one of our permit technicians. By scheduling an appointment, city staff can help you plan your project."

A residential building permit from the City of Winnipeg is required for the construction, demolition and/or alteration of a single or two-family dwelling or accessory structure like a detached garage, a deck or a shed. Dueck says common projects that require permits include sunrooms and decks over two feet, electrical work, foundation repairs, and plumbing work including the addition of back-up valves and sump pumps.

"Once you have a permit, the next step is an inspection," says Dueck. "We realize that Winnipeggers need flexibility in arranging for inspections and are pleased to offer homeowners the option of booking inspection appointments on select evenings and Saturdays. This is a new customer service initiative we just introduced."

As well as providing peace of mind that the



CONTRIBUTED

work has been done properly and up to code, Dueck says Winnipeg realtors and home buyers often research the past work completed on properties before agreeing to purchase a home, so making sure the proper permits are obtained before the work is done can make the future

sale of your house a whole lot smoother.

To learn more about what projects require permits go to winnipeg.ca/permits. To initiate your permit, call the Permit Office at 204-986-5140, email: ppd-permit@winnipeg.ca, or visit the office at Unit 31, 30 Fort Street.

112

Thinking About Home Renovations?

Make a Permit Part of Your Plans.

DIY or Contractor Home Reno Projects
Homeowners are legally responsible for obtaining construction-related permits for relevant projects.

Peace of Mind
Ensure your project incorporates safety and other required standards. Completing the permit process can facilitate a smooth future sale of your home.

Learn more about what projects require permits:
204-986-5140

winnipeg.ca/permits



CONTRIBUTED

Stop giving your insulation problems the cold shoulder

Manitoba Hydro's Home Insulation Program offering rebates on material costs

Topping up your existing insulation levels during a home renovation project can save money on energy bills and make your home more comfortable all year long, and much of the cost of the new insulation material could be covered through Manitoba Hydro's Home Insulation Program.

Hydro's Home Insulation Program offers a rebate of up to 100 per cent of insulation material costs. One of the factors calculated into the rebate is the insulation's R-value, or how well the insulation material resists heat transfer.

"A variety of insulation types are eligible for the rebate, we're most concerned about the R-value that you're adding because that relates to the energy savings that you'll achieve," explains Laura Bunkowsky, program coordinator with Manitoba Hydro, who says adding insulation to basement walls that aren't already insulated can save as much as 25 per cent of an average home's total heat loss. "Adding insulation is a very cost effective way to save energy and save money on your bill."

Whether you do the work yourself or hire a contractor, the Home Insulation Program is open to all homeowners in Manitoba who are adding insulation to their permanent residence built before 1999.

As well as saving money on your energy bill, Bunkowsky says properly insulating all areas of your home, including exterior walls, and the basement and attic areas, keeps extreme temperatures out and leaves your home cozy throughout the year.

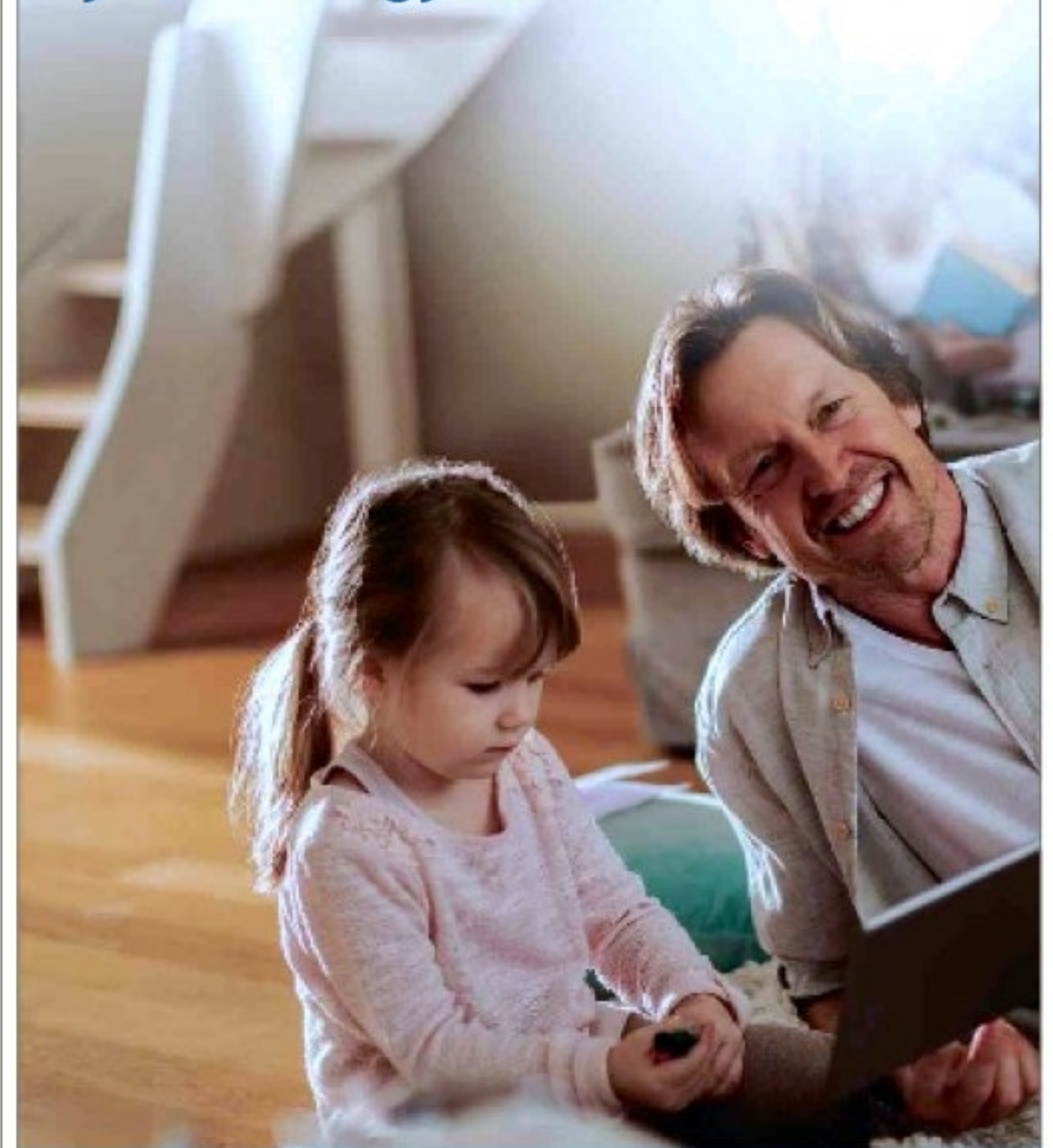
"It helps to make your home so much more comfortable," she says. "People often associate that comfort just with winter time, but it helps in the summer time as well because if you have your air conditioner running and your home is well insulated, it'll help keep heat out and you cool."

Some of the signs that may indicate insulation problems in your home include high heating costs, cold walls and floors, and uneven heating levels within your home.

The Home Insulation Program does not cover the cost of labour, and the homeowner will need to get approval from Hydro before work starts or materials are purchased in order to take advantage of the rebate, says Bunkowsky.

Go to hydro.mb.ca/hip for more information on the rebate program including eligibility criteria and to find tips on measuring your existing insulation.

Insulating your home is one of the most cost-effective ways to increase comfort, save energy and lower your energy bill.



Does your home have enough insulation? Chances are if your home was built before 1999 your basement walls don't have the insulation you need.

To see if you qualify for a Home Insulation Rebate visit hydro.mb.ca/hip.

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metro SPORTS

Your essential daily news

IN BRIEF

Brandon Roy among four shot at party in Compton

Authorities say former NBA player Brandon Roy was shot while attending a party over the weekend.



Brandon Roy
GETTY IMAGES FILE

Los Angeles County sheriff Lt. Joseph Williams said Wednesday that Roy was one of four

people shot in Compton on Saturday. Williams added all four victims were shot in the upper body but suffered non-life-threatening injuries.

THE ASSOCIATED PRESS

Woman hit by stray bullet at Cardinals game

Police are investigating after a woman attending a St. Louis Cardinals baseball game at Busch Stadium was struck by a stray bullet.

Police say the 34-year-old victim felt pain in her arm and went to a first-aid station for treatment. A bullet was later found near her seat.

Police believe the bullet came from outside the stadium.

THE ASSOCIATED PRESS

Concerns mounting over Crosby's long-term health

CONCUSSIONS

Retirement a good play for Penguins star, experts suggest

Concussion specialists say the time may be approaching for injured Pittsburgh Penguins superstar Sidney Crosby to take a hard look at not when — but if — he should return to the game.

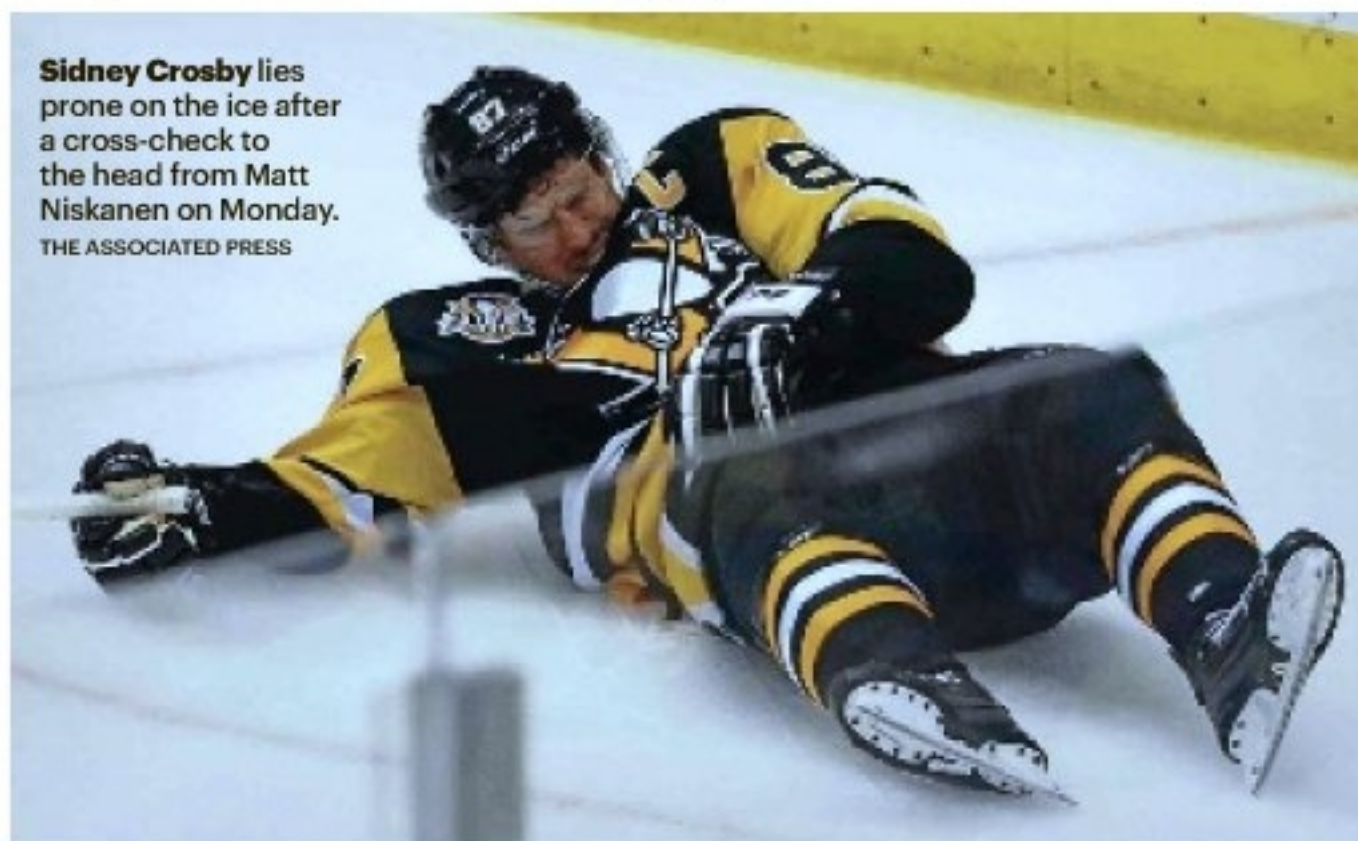
"When there have been multiple concussions, the chance of having persisting symptoms goes up terrifically," said Dr. Charles Tator, the director of the Canadian Concussion Centre at Toronto Western Hospital. "So we're especially careful about helping people avoid further concussions."

"If he were an amateur, we would probably tell him to hang up his skates."

Crosby suffered what's believed to be the fourth concussion of his career Monday night against the Washington Capitals. His return date is uncertain.

Crosby was out of action for almost a year after suffering a pair of head injuries in early

Sidney Crosby lies prone on the ice after a cross-check to the head from Matt Niskanen on Monday.
THE ASSOCIATED PRESS



2011. He suffered another concussion last October but only missed two weeks of action.

Having suffered at least four concussions himself, former NHL forward Keith Primeau has a good idea of what Crosby is going through.

Head injuries eventually forced Primeau from the game in 2006. He had tried for over

a year to get back in the Philadelphia Flyers lineup but was eventually told that it would be best if he stopped playing.

Primeau retired a month later.

"If I knew then what I know now, the ultimate decision would have been for me to call it quits earlier," Primeau said Wednesday. "But there was no

chance that I was ever going to do that. How do you convince somebody? You're playing a little bit of Russian roulette."

Dr. Paul Echlin, a primary care sports medicine specialist in Burlington, Ont., and past chair of the London Hockey Concussion Summit, said a fourth concussion is very concerning. At that point, Echlin said, long-term

4

Crosby's latest setback is believed to be the fourth concussion of his career.

effects need to be considered.

"This is a young man's life ... this is a human issue," he said. "It's not about whether the Pittsburgh Penguins advance in the playoffs or what the matchups are."

It's unclear whether Crosby will be able to return for the second-round series or at any point in the post-season.

"He's a world-class player," said former teammate Tanner Glass, a forward with the New York Rangers. "There's no way to replace him in your lineup. He's a leader too. He's a leader in that room. He's a guy everyone looks to when times get tough to lead the way. It's going to be tough to replace (him). You never like to see anyone (get) hurt like that." THE CANADIAN PRESS

Go to metronews.ca for the latest from the NHL playoffs.

CHAMPIONS LEAGUE

Juventus successful on counter attack

Record-signing Gonzalo Higuain scored two opportunistic goals and veteran goalkeeper Gianluigi Buffon made some crucial saves as Juventus won 2-0 at Monaco to take a commanding lead from the first leg of their Champions League semifinal on Wednesday.

Juventus gave a master class in how to withstand pressure and then punish on the counter attack, with both of Higuain's goals coming after good Monaco spells. THE ASSOCIATED PRESS



Gonzalo Higuain scored both Juventus goals on Wednesday. FRANCK FIFE/AFP/GETTY IMAGES

IN BRIEF

NYCFC locks up Villa for one more year

Spanish striker David Villa has extended his contract with Major League Soccer's New York City FC for one year through the 2018 season.

The deal with the 35-year-old was announced by the team on Wednesday. Villa, the 2016 MLS MVP, is earning \$5.61 million this season.

Villa has 46 goals in 70 games, including five in seven matches this season.

THE ASSOCIATED PRESS

Hernandez's SUV taken off the auction block

The SUV prosecutors say Aaron Hernandez was in when the ex-NFL star killed two men is no longer up for auction.

Westford Auto Sales owner Buddy Clair tells The Boston Globe that eBay pulled the ad on Tuesday night. Clair was handling the sale of the Toyota 4-Runner on behalf of the owner, a car dealer who leased the vehicle to Hernandez as part of a promotional agreement.

THE ASSOCIATED PRESS

GOLF

Romo takes shot at U.S. Open qualifier

Tony Romo's next pursuit of a championship will be in golf. And it's a long shot.

A month after the Dallas Cowboys quarterback retired, Romo is among nearly 9,500 players who signed up for the U.S. Open. He plays an 18-hole local qualifier Monday at Split Rail Links and Golf Club about 30 minutes west of Fort Worth, Texas.

If he advances, the next step is sectional qualifying on June 5 to get into the U.S. Open at Erin Hills in Wisconsin.



Tony Romo
GETTY IMAGES

This isn't the first time Romo has tried to qualify. He made it out of local qualifying in 2010. In a 36-hole sectional qualifier where only two of the 35 players advanced, Romo opened with a 71 and withdrew in the afternoon after two weather delays. THE ASSOCIATED PRESS

MAKE IT TONIGHT

Simple Egg Drop Soup



PHOTO: MAYA VISNIE

Ceri Marsh & Laura Keogh
For Metro Canada

You can serve this tasty and healthy soup as a starter or on its own when you feeling like eating light.

Ready in 20 minutes

Prep time: 10 minutes
Cook time: 10 minutes
Serves 4

Ingredients

- 4 cups (950 ml) low sodium chicken broth
- 1/2 cup (120 ml) chopped asparagus
- 2 Tbsp (30 ml) unsalted butter
- 1/4 cup (60 ml) chopped onion
- 2 eggs, beaten
- 1/4 cup (60 ml) fresh grated Parmesan cheese, extra for garnish

• sea salt and pepper to taste

Directions

1. In a large pot, place butter, asparagus and onion. Saute until vegetables are soft, but crisp. Add broth and bring to a simmer, allow to simmer for 5 minutes.

2. Meanwhile, beat eggs and add Parmesan cheese. Then drizzle eggs into broth. Lightly stir until eggs are cooked. Lower heat and allow to cook another 5 minutes.

3. Ladle into bowls, sprinkle top with Parmesan and serve.

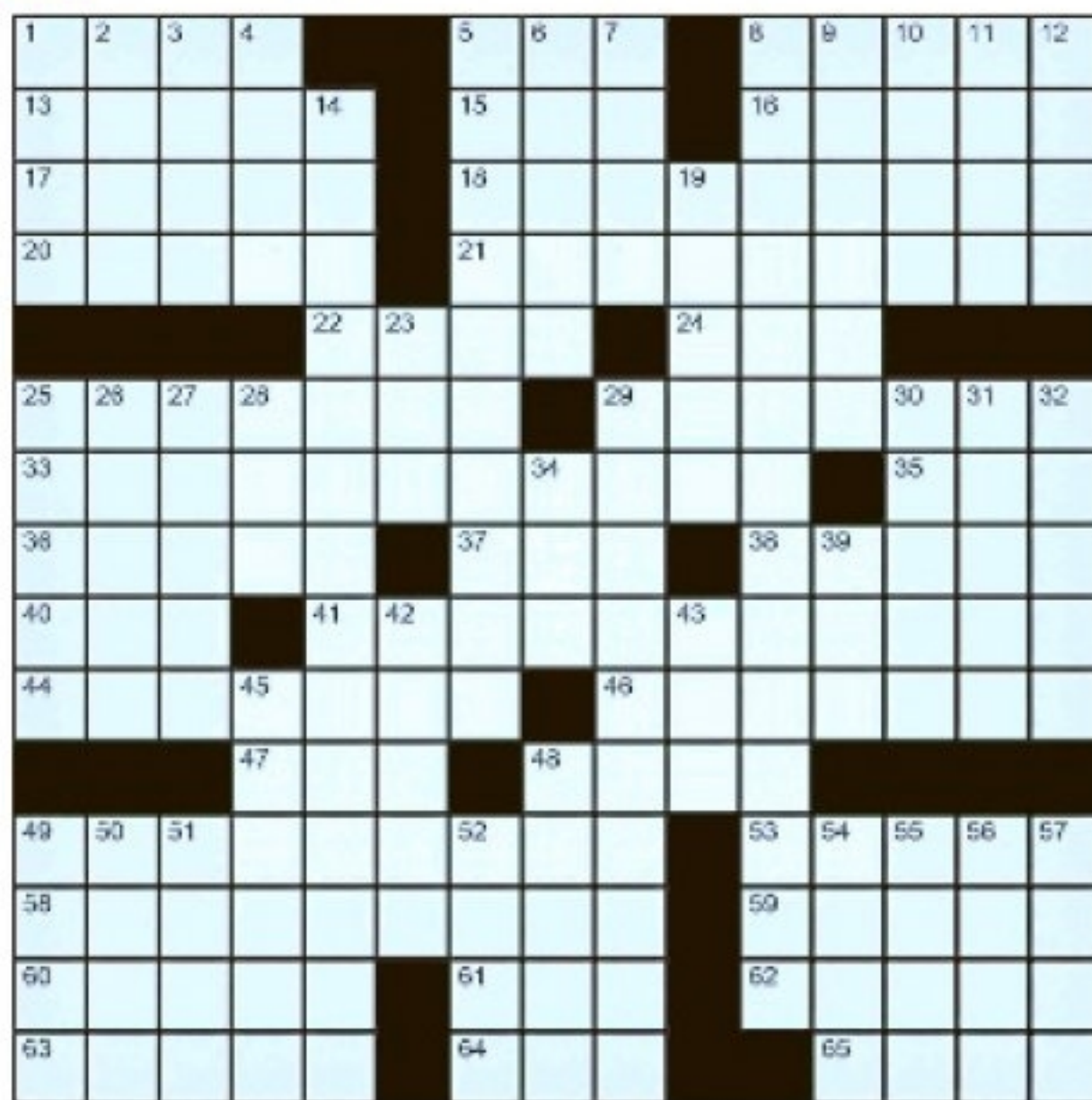
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Nautical hook
5. 1998: "Doo _ (That Thing)" by Lauryn Hill
8. Wetland
13. Rig out
15. 'Capital' suffix (Profit)
16. Ms. Reid's
17. Countrified
18. Thwarters/skeptics
20. Mediterranean island
21. Makes more noise than the other noises: 2 wds.
22. "Ick."
24. Yalie
25. Old Testament book
29. "I've _ _" (This is a scam!)
33. 1860: It's the oldest building still standing in Saskatchewan, _ _ Anglican Church
35. "To hear" in Spain
36. Surf, _ _ wave
37. Deorbited space station
38. Jovial
40. "Capri" suffix
41. "Ordinary Day" band from Newfoundland: 3 wds.
44. Artistically cultivated garden sights
46. Scaring-sounding snakes, say
47. Trendy
48. Goes bad, as food
49. Event planner
53. Little land form on water
58. Magazines/papers selling spot



59. _ oil
60. "Dancing with the Stars" alum Ms. Sliwinski
61. Maiden name indicator
62. 'frisco footballer
63. Bombardier's 3-wheel motorcycle, _ _ Spyder

64. " _ out!" (Ump's call)
65. Curls-from-a-box

DOWN

1. Wheat _
2. Ocean's blue hue

3. Roll up a flag
4. Automaker of Italy
5. Lovely sounders of the porch: 2 wds.
6. Arkansas/Missouri/Oklahoma: _ Mountains
7. The Smurfs creator

8. Northern community on the Churchill River where #33-Across is located: 2 wds.
9. Methods of entering a building: 2 wds.
10. 'Mars'-meaning prefix
11. Designation in the name of mer-

- chant ships of Japan meaning 'circle'
12. "Hey..."
14. It was never quite said this way in "Casablanca" (1942): 4 wds.
19. Angelic
23. 'Jag' add-on (Big spotted cat)
25. Laura stretched out this catchphrase on "The Dick Van Dyke Show": 2 wds.
26. Librettist for Verdi's 1893 opera Falstaff, Arrigo _
27. Astronaut Neil Armstrong's middle name
28. Hair hue-er
29. Only child, oldest, middle or youngest refers to what?: 2 wds.
30. Rancher's ride
31. Ventilator
32. _ _ a bone
34. Ms. Peeples
39. For instances [abbr.]
42. Little Richard's " _ _ Up"
43. Fragment
45. Soft drink brand
48. Ms. Zellweger
49. What 'CANADA' has in its spelling: wd. + letter
50. Hester Prynne's stigma: wd. + letter
51. Ms. Paltrow, briefly
52. Whacky
54. Faux pas
55. Wrinkle
56. "By any chance?"
57. Condition

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Be patient today, especially with coworkers. And also be patient with your pets, as strange as that might sound. This is because late in the day and into the evening, it will be easy to become angry.

Taurus April 21 - May 21
Parents will have to be patient with their kids today, especially late in the day, because arguments can arise easily. Likewise, romantic spats might take place between lovers.

Gemini May 22 - June 21
Life is easier if you maintain peace at home. Don't make a big deal about anything today, especially with a female family member. By evening, people are touchy and edgy.

Cancer June 22 - July 23
Today you are more inclined to go with your hunches and your feelings instead of your logic. However, this might make you overreact to something this evening because your feelings are strong. Use caution.

Leo July 24 - Aug. 23
Quarrels about money or possessions might take place late in the day. Don't get sucked into this; it's a brief influence — let it pass.

Virgo Aug. 24 - Sept. 23
Today the Moon is in your sign, which can make you more emotional than usual. By evening, it is at odds with fiery Mars, which can promote arguments. Be patient.

Libra Sept. 24 - Oct. 23
This is a good day for research. In particular, you will pay attention to detail. Ignore feelings of frustration late in the day.

Scorpio Oct. 24 - Nov. 22
You might have difficulty with a female acquaintance or friend this evening. Don't let anything get out of hand. Keep things light.

Sagittarius Nov. 23 - Dec. 21
Difficulties with a boss or parent might occur late today or this evening. Be tolerant and patient, because you have to deal with these people every day.

Capricorn Dec. 22 - Jan. 20
Avoid controversial subjects like politics, religion and racial issues today, because they will develop into arguments by evening. Who needs this? Not you.

Aquarius Jan. 21 - Feb. 19
Disputes about shared property, taxes, debt and inheritances might take place today, especially tonight. Don't let this ruin your evening. Keep smiling.

Pisces Feb. 20 - March 20
You have to go more than halfway when dealing with others today, because the Moon is opposite your sign. Don't get sucked into an argument this evening.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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